

Dr. Carri Kreider

Assistant Professor of Health & Physical Education
EWU Health & Physical Education Program Director
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EDUCATION

Doctor of Education in Teacher Leadership Washington State University, WA	2013
Master of Science in Health, Physical Education, and Recreation Emporia State University, KS	2002
Bachelor of Education, Physical Education and Health, <i>cum laude</i> Gonzaga University, Spokane, WA	1998

AWARDS & RECOGNITION

2016 Nomination for *SHAPE America (National) Outstanding Mentor of the Year (*by SHAPE WA director*)
2014 Awarded PE Professor of the Year- NW District SHAPE (District covers five states)
2014 Awarded PE Professor of the Year- SHAPE WA *SHAPE = Society of Health & Physical Educators

PROFESSIONAL EXPERIENCE – HIGHER EDUCATION

Assistant Professor- Health and Physical Education, Eastern Washington University	2014-current
Program Director- EWU Health & Fitness (Physical Education)	2016-current
Adjunct Professor- Gonzaga University (<i>Graduate-level education course</i>)	Fall 2014
Visiting Assistant Professor- Health and Fitness, Eastern Washington University	2013-2014
Lecturer- Health and Fitness, Eastern Washington University	2008-2013
Graduate Assistant, Gonzaga University	1998-1999
<ul style="list-style-type: none">• Taught undergraduate Physical Education courses• Assistant volleyball coach, Division I	

PROFESSIONAL EXPERIENCE – K-12 TEACHING

Physical Education and Health Teacher, Port Angeles School District	1999-2008
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PROFESSIONAL EXPERIENCE – OTHER

Youth Program Quality Coach, School's Out Washington	2012-2014
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Athletic Coaching

- College Division I; Middle & High School (JV and Varsity); Youth (Rec/Premier)

ORGANIZATIONAL SERVICE/ COMMITTEES

Eastern Washington University PEHR Strategic Vision Planning Committee	2016-Current
Cheney School District Health & PE Curriculum Committee (Co-Facilitator)	2016-Current
Eastern Washington University Academic Senator (alternate)	2016-Current
SHAPE WA Curriculum Committee	2015-Current

Eastern Washington University Academic Integrity Board	2015-2018
Eastern Washington University Council of Professional Education Programs	2015-Current
Eastern Washington University in High School Committee	2014-Current
Higher Education Representative- SHAPE WA Board	2014-Current
Higher Ed Rep, Washington State Health & Fitness Cadre (OSPI)	2013-Current
Eastern Washington University PEHR Graduate Program Committee	2013-Current
Member, SHAPE America	2012-Current
Member, SHAPE Washington	2011-Current
Eastern Washington University Health & Fitness Faculty Committee	2008-Current
NW District Representative- American Association for Health Education	2012-2013

COLLABORATIVE PROJECTS

EWU Health & Fitness and K-12 Schools (Spokane and Cheney School Districts)
Step Up and Go Spokane (“85210”)

CONFERENCE ATTENDANCE & TRAININGS

EdTPA Training, Spokane, WA	2017 & 2018
SHAPE America Student Volunteer Coordinator (National Conference)	2015
SHAPE WA Conferences	2010-current
SHAPE America Conferences	2013-current
FLASH (K-12 Sex Ed) Training	2016
Youth Program External Assessor Training, WA	2013
Health Education for Higher Education, Atlanta, GA	2012
NW District AAHPERD, Bozeman, MT	2012
Youth Work Methods Training of Trainers, Richmond, VA	2012
Instructor Training- Teacher Performance Assessment (edTPA), Spokane, WA	2011

SCHOLARLY ACTIVITIES

National Presentations

- Kreider, C.S., Morley, L. & EWU Health & Fitness student majors (2018, March). *Checking the pulse of physical education- Advocating for state/nation*. Presentation at SHAPE America, Nashville, TN.
- Morley, L., Kreider, C.S. & EWU Health & Fitness student majors (2018, March). *Beyond practicums and the normal school day*. Presentation at SHAPE America, Nashville, TN.
- Kreider, C.S. (2015, March). *Team Effort: Universities and K-12 Schools Teaming Up for Success*. Presentation at SHAPE America, Seattle, WA.

State Presentations

- Kreider, C.S. & EWU Health & Fitness student majors (2018, October). *Dancing for fitness and fun!* Presentation at SHAPE WA, Wenatchee, WA.
- Kreider, C.S. & EWU Health & Fitness student majors (2017, April). *Kinesthetic, fun lessons to teach healthy decision-making*. Presentation at Health Educator Workshop, Ellensburg, WA.
- Kreider, C.S. & Krise, M. (2016, October). *Family Fitness Fun*. Presentation at SHAPE WA, Vancouver, WA.
- Kreider, C.S. (2015, October). *Fitness IS the Reward! Running a Successful Fitness Fundraiser*. Presentation at SHAPE WA, Mead, WA.
- Kreider, C.S. (2014, October). *Navigating the National Health Education Standards: Using the HECAT to know what to teach and when*. Presentation at SHAPE WA, Seattle, WA.

Workshops/Trainings/Forums (Presenter/Trainer/Facilitator)

- *Understanding the new WA State health/PE standards*. Training for K-12 PE teachers, December, 2017 in Spokane Valley, WA.
- *Higher Ed PE Faculty Forum*, Facilitator at SHAPE WA, October, 2017 in Maple Valley, WA.
- *Understanding the new WA State health/PE standards*. Training for K-12 PE teachers, January, 2017 in Spokane, WA.
- *Higher Ed PE Faculty Forum*, Facilitator at SHAPE WA, October, 2016 in Vancouver, WA.
- (2016, October). *PE Majors' Forum*, Facilitator at SHAPE WA, Vancouver, WA.
- Kreider, C.S. (2013). *Classroom Energizers*, Presentation at Wellness & Educational Strategies Workshop, Spokane Valley, WA.
- Kreider, C.S. (2013). *Engaging Youth through Active Learning*, Presentation at Wellness & Educational Strategies Workshop for K-12 teachers, Spokane Valley, WA.

Published Journal Articles

- Kreider, C.S. (2019). Whole Child approach in a physical education program, *Journal of Physical Education, Recreation and Dance*. January 2019 publication date
- Kreider, C.S. (2019). Physically active students learn better: Why and how to implement movement into the elementary classroom, *Childhood Education*. January-March 2019 publication date
- Kreider, C.S. (2018, April). Read and Move: A new approach to read-aloud time in primary grades. *Childhood Education*.
- Kreider, C.S. (2017). Online fitness activities: Add excitement to your PE classes! *SHAPE WA Journal* Fall 2017.
- Kreider, C.S. (Fall 2016). Family fitness night = FUN! *SHAPE WA Journal*.
- Kreider, C.S. (Winter 2016). Theme activities: Connecting PE with elementary classroom units. *SHAPE WA Journal*.
- Kreider, C.S. (Winter 2015). EWU helps elementary school achieve great success with fitness fundraiser. *SHAPE WA Journal*.
- Kreider, C.S. (Summer 2015). The SHAPE America conference experience: Through the eyes of pre-service teachers. *SHAPE WA Journal*.

Grants funded

- Authored a grant for **Future of Sex Education** to implement the National Teacher Preparation Standards for Sexuality Education at the university level. **\$1,500 awarded** in December 2015.
- Authored a grant for **Washington Action for Healthy Kids** "Every Kid Healthy Week" Grant. Created and supervised an elementary school health and fitness family night, in which EWU H&F students helped run. **\$500 awarded** in March 2016.

Doctoral Dissertation

- Kreider, C.S. (2012). *Physical Education Pre-service Teachers' Understanding of Teaching for Social Justice: The Impact of Teaching Kids' Tennis to Youth Living in Poverty*