



**College of Health Science & Public Health**  
**Department of Wellness and Movement Sciences (WAMS)**

<b>PUBLIC HEALTH BACHELOR OF SCIENCE (89-96 credits)</b>			
Student's Name	Catalog Year	Mount Advisor	Date

**REQUIRED CORE COURSES: (61 Credits)**

	Cr.	Qtr.	Time and Days
HLED 256 Medical Term	2	FWS	Canvas Class/Online
370 Intro to Public Hlth	4	F	Canvas Class /Online
372 App. Nutrition	3	FWS	MWF Fall 9-10 or 10-11/Winter 1-2/Spring 10-11 or 1-2
374 Intro to Epidem	3	W	MWF 11 – 12 <span style="float: right;">PR = HLED 370</span>
380 Health Behav Chg	4	W	MW 1-3 <span style="float: right;">PR = HLED 370 &amp; HLED 382</span>
381 Mind-Body Health	3	S	MWR 10-11 <span style="float: right;">PR = HLED 370</span>
382 Health Disparities	4	F	TR 2-4 <span style="float: right;">PR = Declared Public Health</span>
383 Environ for Health	4	S	W 1-5 <span style="float: right;">PR = HLED 380</span>
440 Health Prom/Plan	4	S	TR 2- 4 <span style="float: right;">PR = HLED 380</span>
450 Hlth Program Impl	4	F	MW 2 - 4 <span style="float: right;">PR = HLED 440</span>
475 Human Sexuality	3	F	TR 12-1 <span style="float: right;">PR = Declared HPE or PUBH Major</span>
482 Grant Writing	3	S	Canvas Class/Online
488 Service Learn PH	6/12	FWS	TBA <span style="float: right;">PR= Permission of Instructor</span>
490 Sr Capstone PH	4	W	MTWR 12 -1 <span style="float: right;">PR = HLED 450</span>
PHED 350 Phy. Kinesiology	4	FWS	MWF Fall 10-11 & Lab T or R 1-3 / Winter 9-10 & Lab T or R 1-3 Spring 11-12 & Lab T or R 1-3

**Required Supporting Courses: (20 Credits)**

	Cr.	Qtr.	Time and Days
BIOL 234 Human Ana & Phys	5	S	Check schedule
CMST 201 Public Speaking	5	FWS	Check schedule
CSBS 320 Introduct Statistics	5	FWS	Check schedule
DESN 216 Digital Foundations	5		Check schedule
OR DESN 360 Publication Design	5		

PR = Prerequisite Requirements

**Select 8-15 Credits from the List Below or Select a Minor (8-15 credits)**

ADST 300	– Survey of Alcohol/Drug Problems (4 crs)
ADST 484	– Suicide Prevention (3 crs)
AGST 310	– Multidisciplinary Studies in Aging (5 crs)
ANTH 448	– Anthropology of Food and Nutrition (5 crs)
CMST 419	– Sex, Sexuality and Communication (5 crs)
CMST 420	– Health Communication (5 crs)
CSBS 321	– Computer Aided Data Analysis (4)
ECON 452	– Health Economics (5 crs)
GEOG 226	– Introduction to GIS Software Design (2 crs)
GEOG 301	– Human Geography (5 crs)
GEOG 321	– GIS for Social Sciences (3 crs)
GEOG 357	– The Geography of Childhood (3 crs)
MGMT 326	– Organization Theory and Behavior (4 crs)
PLAN 375	– Tribal Planning (3 crs)
PLAN 442	– Sustainable Communities (3 crs)
PSYC 317	– Health Psychology (5 crs)
PSYC 323	– Drugs and Behavior (5 crs)
SOCI 351	– Social Stratification (5 crs)
WMST 360	– Women in Prison (5 crs)

**Recommended Minors (15-34 credits):**

Addiction Counseling and Prevention Minor (34 crs)
Certificate in Geographic Information Systems (24 crs)
Communication Studies Minor (19 crs)
Health Services Management Minor (20 crs)
Psychology Minor (20 crs)
Race and Culture Studies Minor (18 crs)
Urban and Regional Planning Minor (15 crs)

**Recommended Courses for Cultural and Gender Diversity Requirement (choose one)**

ANTH 432	Anthropology of Gender (4 crs)
CMST 314	Gender and Communication (5 crs)
CMST 340	Intercultural Communication (5 crs)
ECON 424	Economics of Poverty and Discrimination (5 crs)

**Recommended Courses for International Studies Requirement (choose one)**

ANTH 450	Cultural Ecology (5 crs)
BIOL 320	The Human Prospect (5 crs)
CMST 440	Global Communications (5 crs)
HUMN 440	Perspectives on Death (4 crs)
POLI 203	Introduction to Comparative Politics (5 crs)
PSYC 474	Cultural Psychology (5 crs)
SOCI 263	Social Problems (5 crs)

**DECLARATION REQUIREMENTS**

**\* MUST COMPLETE BIOL 232 AND BIOL 233, GRADE ≥ C**