

Therapeutic Recreation

Professional and Continuing Education

EWU's Department of Wellness and Movement Sciences offers distance and extended learning courses to help professionals in **Therapeutic Recreation** reach their education goals in the least restrictive environment.

Six upper-division courses are available: All six are theory-based and deal exclusively with **Therapeutic Recreation** content.

Therapeutic Recreation

- Program Planning and Evaluation in Therapeutic Recreation
- Therapeutic Recreation for Individuals with Disabilities
- Professional Issues in Therapeutic Recreation
- Processes and Techniques in Therapeutic Recreation
- Assessment Techniques in Therapeutic Recreation
- Supervision of Therapeutic Recreation Services

Course Format

The courses will be a combination of text and journal readings, assignments, abstracts and examinations. Your instructor will work with you on an individual basis to enhance your learning experience. Students will have four quarters to complete each course and may begin a course any time during the year.

Course Descriptions - Therapeutic Recreation

RCLS 345 Therapeutic Recreation for Individuals with Disabilities 4 Credits

Deals with basic information necessary to identify, define, and describe major physical disabilities including their implications for therapeutic recreation programming.

Course Objectives

The purpose and objectives of this course are to:

- Help prepare therapeutic recreation providers in every setting with the knowledge and skills to be able to offer programs and services that meet the needs of all consumers.
- This course will help the student to be able to design and implement programs with use of health models that provide optimal inclusion for individuals with disabilities.
- This includes providing information to the students on understanding of psychological, sociological effects as well as the medical and disabling conditions, disorders, and impairments that affect an individual's physical, cognitive, emotional, and social functioning across the life span.

RCLS 420 Program Planning and Evaluation in Therapeutic Recreation 4 Credits

This course is designed for the therapeutic recreation student or professional who knows the underlying principles of their profession and wishes to develop the competencies that will enable them to be effective programmers. In addition, this course is designed to assist in the development and mastery of the skills, attitudes and competencies necessary to become a certified therapeutic recreation specialist.

Topics Covered

- Systems theory
- Development of both comprehensive and specific programs
- Program evaluation
- Activity analysis
- Assessment

RCLS 440 Professional Issues in Therapeutic Recreation 4 Credits

The purpose of this course is to help the student develop an understanding and appreciation for the major trends, issues and events impacting the profession of therapeutic recreation.

Topics Covered

- Ethical standards in therapeutic recreation practice
- Credentialing process as it relates to therapeutic recreation
- Therapeutic recreation standards of practice
- Development and use of intervention protocol therapeutic recreation
- Quality assurance and its role in the practice of therapeutic recreation
- Guidelines for the administration of therapeutic recreation services

RCLS 445 Processes and Techniques in Therapeutic Recreation 4 Credits

This course is designed to assist the therapeutic recreation student in the development and mastery of the skills, attitudes and knowledge required to attain the competencies necessary to become a certified therapeutic recreation specialist.

Topics Covered

- Theory and therapies
- Role of the therapist in the practice of therapeutic recreation
- Role of communication skills
- Leadership theory and techniques
- Health and safety considerations

RCLS 450 Assessment Techniques in Therapeutic Recreation 4 Credits

The purpose of this course is to help the student understand the theory of assessment and be able to choose an assessment that meets the needs of their agency.

Topics Covered

- Theory of assessment
- Development of an assessment tool
- Evaluation of existing tools
- To choose a standardized assessment tool for agency
- Interpret the results of assessments
- Utilization of information of treatment plans

RCLS 460 Supervision of Therapeutic Recreation Services 4 Credits

This course will act as an introduction to the concepts, theories and practices of effective supervision in today's health and human service delivery system. A variety of topics will be covered including: supervisory/supervisee conflict, developing an effective relationship as a supervisor, staffing issues in a TR setting, and many others.

Registering for Professional and Continuing Education Courses

Complete and return the Registration Form to the email address on the Registration Form.

Textbooks

You can find complete textbook information, including ISBNs, on the Eastern Washington University Bookstore site at bookstore.ewu.edu. You are free to buy or rent your books from any site you choose. For questions regarding texts, contact the EWU Bookstore at 509.359.2826.

Course Materials

Upon receipt of official registration, tuition, and textbook payment, the course materials and text will be emailed to you.

Questions?

Contact Dr. John Cogley
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