



Department of Wellness and Movement Sciences  
 Eastern Washington University

**UNDERGRADUATE CERTIFICATE IN GEROKINESIOLOGY**

**Required Credits: 22 – 23 credits**

2021 – 22 Academic Year

Advisor: Dr. Christi Brewer

**REQUIRED COURSES (18 credits)**

			<b>Cr.</b>	<b>Qtr.</b>	<b>Schedule</b>
AGST	310	Multidisciplinary Studies in Aging <sup>1</sup>	4	F	See EagleNet for class times
BIOL	343	Biology of Aging	3	F	See EagleNet for class times
RCLS	345	Ther. Rec. for People with Disabilities <sup>2</sup>	4	W	MTWR 1-2
EXSC	480	Clinical Exercise Physiology <sup>3</sup>	3	FW	Fall/Winter: MW 1-2:30
EXSC	490	Exercise Science Capstone	4	WS	Winter: MWF 11-12 & T or R 10-12 Spring: MWF 11-12 & T or R 10-12 or F 9-11

**ELECTIVE COURSES (Choose one of the following)**

PSYC	317	Health Psychology	5	FW	See EagleNet for class times
AGST	410	Minority Perspectives in Aging <sup>1</sup>	4	S	See EagleNet for class times

<sup>1</sup>Pre-requisite: Sophomore standing

<sup>2</sup>Pre-requisite: Declared as Therapeutic Recreation major or permission of instructor

<sup>3</sup>Pre-requisite: PHED 350 or permission of instructor

For more information contact Christi Brewer, Ph.D., Wellness and Movement Sciences, Room PEC 244; email: [cbrewer7@ewu.edu](mailto:cbrewer7@ewu.edu).