

ADVENTURE

SCUBA DIVING - BEGINNING		TR 6pm-7:50pm; TR 8pm-10pm (1 CREDIT)
PHED 125-001	CRN 16524	Students learn skills and knowledge required to safely participate in the sport of scuba. This will be accomplished through reading of the textbook, answering questions in each chapter, quizzes, classroom discussion, pool work, a final exam, and a final check off.
LEISURE RECREATION ACTIVITIES		MW 11am-11:50am (1 CREDIT)
PHED 125-011	CRN 16533	This class will cover a variety of different yard games including cornhole, French darts, spike ball, and many more!
ARCHERY		MW 1pm-1:50pm (1 CREDIT)
PHED 125-015	CRN 16537	This course is intended to acquaint you with the fundamentals of primitive archery. By the end of the course, you should know the basics of shooting a recurve bow and be able to hit the target or objects at various distances.
ARCHERY		TR 1pm-1:50pm (1 CREDIT)
PHED 125-016	CRN 16538	This course is intended to acquaint you with the fundamentals of primitive archery. By the end of the course, you should know the basics of shooting a recurve bow and be able to hit the target or objects at various distances.
BEGINNER ROCK CLIMBING		M 3pm-4:50pm (1 CREDIT)
PHED 125-023	CRN 16545	This class is designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
BEGINNER ROCK CLIMBING		W 5pm-6:50pm (1 CREDIT)
PHED 125-024	CRN 16546	This class is designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
INTERMEDIATE ROCK CLIMBING		T 11am-12:50pm (1 CREDIT)
PHED 125-025	CRN 16547	This class is designed to introduce participants to intermediate rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
INTERMEDIATE ROCK CLIMBING		W 3pm-4:50pm (1 CREDIT)
PHED 125-026	CRN 16548	This class is designed to introduce participants to intermediate rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
CLIMB TIME		Meets to fit schedule (1 CREDIT)
PHED 125-027	CRN 16549	Climb Time is an activity course designed to promote physical activity, fitness and climbing competency through regular use of the Climbing Wall. Climb Time is designed for the independent climber looking to climb for credit on their own time.