



**Department of Wellness and Movement Sciences**  
Eastern Washington University

**HEALTH AND PHYSICAL EDUCATION  
BACHELOR OF ARTS IN EDUCATION**

**Primary Endorsement 61-63 credits**  
2022-23 Academic Year

Dr. Hazelbaker or Dr. Kreider

Student's Name

Catalog Year

Advisor

Course # & Title	Cred.	Quarter Fall/Winter/ Spring	Days & Times
PHED 193 Standard First Aid <i>(formerly HLED193)</i>	2	FWS	Fall M 9-11, T 11-1 or W 2-4 Winter T or R 8-10, T 11-1 or W 2-4 Spring T 2-4, M or W 8-10
PHED 200 Admission to HPE <i>(formerly HLED200)</i>	2	F	TR 9-10
PHED 202 Intro to Health & Well. <i>(formerly HLED202)</i>	4	FW	TR 12-1 (Fall) MW (Winter) PR=ENGL101/concurrent
PHED 251 Motor Control	3	W	MW 11-12 & F TBA
PHED 300 After School Program <i>(formerly HLED300)</i>	3	S	M 12-1 & W 3-5:15
PHED 336 Teaching Sports	2	F	T 11-12, R 10-12 PR = PHED375/496 (Grade ≥ B-)
PHED 340 Rhythms & Games	2	S	W 9-11
PHED 341 Elem. School Act.	2	W	TR 10-11 PR = PHED375/496 (Grade ≥ B-)
PHED 342 Outdoor Education	2	S	M 9-11 & Possible Field Trip
PHED 348 Ana/Mech. Kines.	4	F	MTWR 2-3
PHED 350 Phys. Kines.	4	FWS	Fall MWF 10-11 or 11-12 Lab T or R 11-1 or 1-3 / Winter MWF 9-10 & Lab T or R 1-3/ Spring MWF 11-12 & Lab T or R 1-3
PHED 365 Gen. Methods PE	3	W	TR 9-10 & F TBA PR = PHED 200(≥ B-); Take w/PHED 341
PHED 364 Teach Health Methods <i>(formerly HLED365)</i>	4	W	MWF 12-1 PR = PHED375/496 (Grade ≥ B-)
PHED 370 Sport & Culture	3	W	MTW 1-2
PHED 372 App. Nutrition <i>(formerly HLED372)</i>	3	FWS	MWF Fall 9-10 or 10-11 / Winter 1-2 / Spring 10-11 or 1-2
PHED 375 PE Teaching Strategies <i>(formerly PHED496)</i>	3	S	TR 9-11am
PHED 452 Adapted PE	4	F	MW 11-1 PR = JR/SR Standing
PHED 475 Human Sexuality <i>(formerly HLED475)</i>	3	F	TR 12-1 & Canvas PR = Declared HPE or PH
PHED 490 Capstone HPE I	3	W	MW 10-12 PR = PHED 336 & PHED 365 (≥ B-)
PHED 491 Capstone HPE II	1	W	TBA PR = PHED 490
<b>Select ONE -PHED333/335 or EXSC390</b>			
PHED 333 Group Exercise	2	WS	TR Winter 8-9 / Spring 12-1
EXSC390 Principles Prog. Design <i>(formerly PHED 334- Personal Training)</i>	3	FWS	MWF Fall 12-1 / Winter 8-9 / Spring 2-3
PHED 335 Strength & Condition	2	FWS	MTR or MWF Fall 8-9 / Winter 9-10 / Spring 8-9

PR = Prerequisite Requirement



**Department of Wellness and Movement Sciences**  
Eastern Washington University

**NOTE:** Students **MUST** complete clearances, prerequisites, and Application Packet for Admission to the Teacher Education Program. This will be covered within the HPE program. Students must earn a minimum grade of  $\geq$  B- in each required Health and Physical Education course and a minimum cumulative GPA  $\geq$  2.8 in all university coursework.

**Professional Education Requirements - Elementary Education: 73-74 Credits**

**Minimum total credits for above major and elementary professional education: 145 credits**

**Professional Education Requirements - Secondary Education: 46-47 Credits**

**Minimum total credits for above major and secondary professional education: 118 credits**

See Department of Education for more information concerning the times, dates, prerequisites and requirements for education classes.

**Note:** The above major takes more than 12 quarters at 15–16 credits a quarter.

**Be sure to complete all University Requirements & BACRS/GECRs**  
(i.e., Culture & Gender Diversity or /and International Studies)

**Must earn a  $\geq$ B- minimum grade in each HPE course**

**Education (Certification) Prerequisite Courses**

- \* English (ENGL) 201 (5 credits)
- \* EDUC 201 (3 credits)
- \* MATH 107 or 141 (5 cr- secondary) or (MATH 208- elem.)
- \* PSYC 204 (5 credits)
- \* SPED 363 (4 credits)
- \* Communications (CMST) 200 or 201 (4 credits)
- \* Take West-B exam (or use SAT / ACT)
- \* Pass the H&F West-E exam
- \* B- Minimum GPA required in each class & overall GPA

**Note:** HPE students on the “elementary” track will also need the following education pre-reqs: ART390, MUSC450, MATH209 & 210  
*Only declare “elementary ed” if you also want to teach K-8 classroom*