



Department of Wellness and Movement Sciences

UNDERGRADUATE CERTIFICATE IN GEROKINESIOLOGY

Required Credits: 23 – 24 credits

2022 – 23 Academic Year

Advisor: Christi Brewer, PhD

REQUIRED COURSES (19 credits)

			Cr.	Qtr.	Schedule
AGST	310	Multidisciplinary Studies in Aging ¹	4	F	Consult EagleNet *
BIOL	343	Biology of Aging	3	F	Consult EagleNet
RCLS	345	Therapeutic Recreation for People with Disabilities ²	4	W	MTWR 1-2
EXSC	420	Program Design for Special Populations ³	4	FWS	Fall: MW 1-3 Winter: MW 1-3 Spring: TR 11-1
EXSC	490	Exercise Science Capstone	4	FWS	Fall: MWF 11-12 & T or R 10-12 Winter: MWF 11-12 & T or R 10-12 Spring: MWF 11-12 & T or R 10-12

ELECTIVE COURSES (Choose one of the following)

PSYC	317	Health Psychology	5	FWS	Consult EagleNet
AGST	410	Minority Perspectives in Aging ¹	4	S	Consult EagleNet *

¹Pre-requisite: Sophomore standing

²Pre-requisite: Declared as Therapeutic Recreation major or permission of instructor

³Pre-requisite: PHED 350 & EXSC 390 (≥C+ for both) or permission of instructor

* Typically, fully online

For more information contact Christi Brewer, PhD, Wellness and Movement Sciences, Room PEC 244; email: cbrewer7@ewu.edu.