

ADVENTURE

SCUBA DIVING-BEG		TR 6pm-7:50pm; TR 8pm-10pm (1 CREDIT)
PHED 125-001	CRN 18983	Students learn skills and knowledge required to safely participate in the sport of scuba. This will be accomplished through reading of the textbook, answering questions in each chapter, quizzes, classroom discussion, pool work, a final exam, and a final check off.
ARCHERY		MW 1pm-1:50pm (1 CREDIT)
PHED 125-009	CRN 18991	This course is intended to acquaint you with the fundamentals of primitive archery. By the end of the course, you should know the basics of shooting a recurve bow and be able to hit the target or objects at various distances.
BEGINNER ROCK CLIMBING		T 3pm-4:50pm (1 CREDIT)
PHED 125-021	CRN 19003	Designed to introduce participants to basic rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
BEGINNER ROCK CLIMBING		M 3pm - 4:50pm (1 CREDIT)
PHED 125-20	CRN 19002	Designed to introduce participants to basic rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
BEGINNER ROCK CLIMBING		W 11am - 12:50pm (1 CREDIT)
PHED 125-022	CRN 19004	Designed to introduce participants to basic rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
BEGINNER ROCK CLIMBING		R 1pm - 2:50pm (1 CREDIT)
PHED 125-023	CRN 19005	Designed to introduce participants to basic rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
BEGINNER ROCK CLIMBING		F 11am-12:50pm (1 CREDIT)
PHED 125-024	CRN 19006	Designed to introduce participants to basic rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
INTERM ROCK CLIMBING		W 3pm-4:50pm (1 CREDIT)
PHED 125-025	CRN 19007	Designed to introduce participants to intermediate rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
INTERM ROCK CLIMBING		R 3pm-4:50pm (1 CREDIT)
PHED 125-026	CRN 19008	Designed to introduce participants to intermediate rock climbing skills. Covers the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
CLIMBER'S SELF RESCUE		M 1pm-2:50pm
PHED 125-027	CRN 19009	Advanced rock climbing course to introduce participants to basic self-rescue skills for climbers in high angle terrain. Skills & Information taught are rescue baseline/bridges, multi-pitch lowers, mechanical advantage systems, exiting belays, & counterbalance rappels
CLIMBING ANCHORS		R 3pm-4:50pm (1 CREDIT)
PHED 125-028	CRN 19010	Advanced rock climbing course designed to introduce participants on how to build climbing anchors. The course will cover the necessary skills to build basic top-rope and ground anchors, including the skills and information for anchor building knots, material strengths, two-bolt basic anchors, traditional gear placement, complex anchor systems and anchor evaluation.
CLIMBING CLINIC		T 1pm - 2:50pm
PHED 125-029	CRN 19011	Designed for the climber that wants to work towards specific goals and receive coaching to become a better climber. The instructor will help you identify your goals, strengths, and
CLIMB TIME		Meets to fit schedule (1 CREDIT)
PHED 125-030	CRN 19077	Designed to promote physical activity, fitness and climbing competency through regular use of the Climbing Wall. Climb Time is designed for the independent climber looking to climb for credit on their own time.