

## ADVENTURE

<b>SCUBA DIVING - BEGINNING</b>		<b>TR 6pm-7:50pm; TR 8pm-10pm (1 CREDIT)</b>
PHED 125-001	CRN 16968	Students learn skills and knowledge required to safely participate in the sport of scuba. This will be accomplished through reading of the textbook, answering questions in each chapter, quizzes, classroom discussion, pool work, a final exam, and a final check off.
<b>ARCHERY</b>		<b>MW 1pm-1:50pm (1 CREDIT)</b>
PHED 125-013	CRN 17095	This course is intended to acquaint you with the fundamentals of primitive archery. By the end of the course, you should know the basics of shooting a recurve bow and be able to hit the target or objects at various distances.
<b>BEGINNER ROCK CLIMBING</b>		<b>M 3pm-4:50pm (1 CREDIT)</b>
PHED 125-023	CRN 16977	Designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>BEGINNER ROCK CLIMBING</b>		<b>M 11am-12:50pm (1 CREDIT)</b>
PHED 125-027	CRN 16981	Designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>BEGINNER ROCK CLIMBING</b>		<b>T 3pm-4:50pm (1 CREDIT)</b>
PHED 125-028	CRN 16982	Designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>BEGINNER ROCK CLIMBING</b>		<b>W 5pm-6:50pm (1 CREDIT)</b>
PHED 125-029	CRN 16983	Designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>BEGINNER ROCK CLIMBING</b>		<b>F 11am-12:50pm (1 CREDIT)</b>
PHED 125-030	CRN 16984	Designed to introduce participants to basic rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>INTERMEDIATE ROCK CLIMBING</b>		<b>M 1pm-2:50pm (1 CREDIT)</b>
PHED 125-031	CRN 16985	This class is designed to introduce participants to intermediate rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>INTERMEDIATE ROCK CLIMBING</b>		<b>R 3pm-4:50pm (1 CREDIT)</b>

PHED 125-032	CRN 16986	This class is designed to introduce participants to intermediate rock climbing skills. The course will cover the skills necessary to climb and belay using a top-rope system both in an indoor facility and an outdoor setting.
<b>CLIMBER'S TOOL BOX</b>		<b>R 1pm-2:50pm (1 CREDIT)</b>
PHED 125-025	CRN 16979	Advanced rock climbing course to introduce participants to basic self-rescue skills for climbers in high angle terrain. Skills & Information taught are rescue baseline/bridges, multi-pitch lowers, mechanical advantage systems, exiting belays, & counterbalance rappels
<b>CLIMB TIME II</b>		<b>Meets to fit schedule (2 CREDITS)</b>
PHED 135-001	CRN 16987	Advanced rock climbing course designed to introduce participants on how to build climbing anchors. The course will cover the necessary skills to build basic top-rope and ground anchors, including the skills and information for anchor building knots, material strengths, two-bolt basic anchors, traditional gear placement, complex anchor systems and anchor evaluation.
<b>CLIMBING CLINIC</b>		<b>T 11am-12:50pm</b>
PHED 125-026	CRN 16980	Designed for the climber that wants to work towards specific goals and receive coaching to become a better climber. The instructor will help you identify your goals, strengths, and weaknesses.
<b>CLIMB TIME</b>		<b>Meets to fit schedule (1 CREDIT)</b>
PHED 125-024	CRN 16978	Climb Time is an activity course designed to promote physical activity, fitness and climbing competency through regular use of the Climbing Wall. Climb Time is designed for the independent climber looking to climb for credit on their own time.