

ACTIVITY CLASS OFFERINGS - FALL QUARTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
8:00	INDOOR CYCLING CRN 16972		INDOOR CYCLING CRN 16972	
10:00		BALLROOM DANCE CRN 16974		BALLROOM DANCE CRN 16974
11:00	YOGA CRN 16970		YOGA CRN 16970	
		LATIN DANCE CRN 16975		LATIN DANCE CRN 16975
12:00	VOLLEYBALL CRN 17094		VOLLEYBALL CRN 17094	
		GOLF-ALL LEVELS CRN 17092		GOLF-ALL LEVELS CRN 17092
		CORE CONDITIONING CRN 16973		CORE CONDITIONING CRN 16973
		SWING DANCE CRN 16976		SWING DANCE CRN 16976
1:00	ARCHERY CRN 17095		ARCHERY CRN 17095	
	YOGA CRN 16971		YOGA CRN 16971	
		PICKLEBALL- BADMINTON CRN 17093		PICKLEBALL- BADMINTON CRN 17093
ADVENTURE				
MENTAL WELLNESS				
SOCIAL ACTIVITY				