



Department of Wellness and Movement Sciences
Eastern Washington University

Health & Physical Education (HPE)
2023-24 Academic Year
Suggested Program Plan
 Primary Major Endorsement Credits 59-60 credits
 (Plus Education Elementary or Secondary Certification Courses)
 HPE Program Director: Dr. Kreider, ckreider@ewu.edu 509-359-4707

Note: Students should take between 12-18 credits each quarter. The credits listed below allow for room for additional courses to be filled in based on what the student still needs to take (BACRs, Education pre-reqs & other HPE courses)

	Fall	Winter	Spring
Transition <i>(entering program soph if at EWU or junior year if transfer)</i>	PHED 200 (<i>must enter here</i>) 2	PHED 372 (<i>or other quarter</i>) 3	PHED375 3
	PHED 202 (<i>or other quarter</i>) 4	PHED 341 2	
	PHED 348 4	PHED 365 3	
		PHED 251 3	
	<i>(Plus EDUC pre-reqs, BACRs, Minor, Other HPE)</i>	<i>(Plus EDUC pre-reqs, BACRs, Minor, Other HPE)</i>	<i>(Plus EDUC pre-reqs, BACRs, Minor, Other HPE)</i>
2nd year HPE program	PHED 336 2	PHED 364 4	PHED 300 3
	PHED 475 3	PHED 370 3	<i>PHED 340</i> 2
	PHED 452 4	PHED 490 4	<i>PHED 342</i> 2
	<i>(Plus EDUC pre-reqs, BACRs, Minor, Other HPE)</i>	<i>(Plus EDUC pre-reqs, BACRs, Minor, Other HPE)</i>	<i>(Plus BACRs, Minor, Other HPE)</i>
	Register for EDUC Orientation (in Dec for next Fall)	Must finish all EDUC pre-reqs Pass the H&F West-E	Note: Some students start the ed program here and finish student teaching next Winter. If so, move up 340 & 342.
Education program	EDUC Methods Block (Secondary Route/Track)	General Student Teaching	Culminating Student Teaching
	EDUC 303 3	EDUC 427 6	EDUC 426
	EDUC 390 3	EDUC 386 3	15
	EDUC 413 3	HPE Elective (online) 3	<i>(No other courses allowed)</i>
	EDUC 341 3		
	EDUC 386 3		

Additional HPE courses not listed (fill into program plan): PHED193 and PHED: 333/335/EX390, 350

Be sure to complete all University Requirements & BACRS/GEGRs
(i.e., Culture & Gender Diversity or/and International Studies)

Must earn a ≥B- minimum grade in each HPE course

Education (Certification) Prerequisite Courses (*"Secondary Education" track*)

- * English (ENGL) 201 (5 credits)
- * EDUC 201 (3 credits)

- * Math 107 or 141 (5 credits)- or elementary math
- * PSYC 204 (5 credits)
- * SPED 363 (4 credits)
- * Communications (CMST) 200/201 (4 credits)
- * Take West-B exam (or use SAT/ACT)
- * Pass the H&F West-E exam
- * B- Minimum GPA required in each class & overall GPA