

## Spring 2024 Wellness/ Activity Courses

- Yoga, Monday/ Wednesday @ 11:00 (CRN 15727)
- Yoga, Tuesday/ Thursday @ 11:00 (CRN 15728)
- Dodgeball/ Indoor Soccer, Monday/ Wednesday @
   11:00 (CRN 15733)
- Basketball, Tuesday/ Thursday @ 11:00 (CRN 15734)
- Latin Dance, Tuesday/ Thursday @ 11:00 (CRN 15725)
- Golf, Tuesday/ Thursday @ 12:00 (CRN 15730)
- Core Conditioning, Monday/ Wednesday @ 12:00 (CRN 15736)
- Volleyball, Monday/ Wednesday @ 12:00 (CRN 15735)
- Swing Dance, Tuesday/ Thursday @12:00 (CRN 15726)
- Archery, Monday/ Wednesday @ 1:00 (CRN 15731)
- Ballroom Dance, Tuesday/ Thursday @ 1:00 (CRN 15724)
- Indoor Cycling, Monday/ Wednesday @ 1:00 (CRN 15729)
- Pickleball/ Badminton, Tuesday/ Thursday @ 1:00 (CRN 15732)

Students needing accommodations should contact Student Accommodations & Support Services at (509)359-6871.