



Department of Wellness and Movement Sciences
Eastern Washington University

**HEALTH AND PHYSICAL EDUCATION
BACHELOR OF ARTS IN EDUCATION**

Primary Endorsement 59-60 credits – 2024-25 Academic Year
Dr. Carri Kreider, HPE Program Director- ckreider@ewu.edu

Course # & Title	Cred.	Quarter Fall/Winter/Spring
PHED 193 Standard First Aid	2	FWS
PHED 200 Admission to HPE	2	F
PHED 202 Intro to Health & Well.	4	FW
PHED 251 Motor Control	3	W
PHED 300 After School Program	3	S
PHED 336 Teaching Sports	2	F
PHED 340 Rhythms & Games	2	S
PHED 341 Elem. School Act.	2	W
PHED 342 Outdoor Education	2	S
PHED 348 Ana/Mech. Kines.	4	F
PHED 350 Phys. Kines.	4	FWS
PHED 364 Teach Health Methods	4	W
PHED 365 Gen. Methods PE	3	W
PHED 370 Sport & Culture	3	W
PHED 372 App. Nutrition	3	FWS
PHED 375 PE Teaching Strategies	3	S
PHED 452 Adapted PE	4	F
PHED 475 Human Sexuality	3	F
PHED 490 Capstone HPE	4	W
Select ONE Elective Below		
PHED 333 Group Exercise	2	WS
PHED 335 Strength & Condition	2	FW
PHED 343 Wellness & Fitness	2	S
EXSC 390 Principles Prog. Design	3	FWS



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NOTE: Students **MUST** complete clearances, prerequisites, and Application Packet for Admission to the Teacher Education Program. This will be covered within the HPE program. Students must earn a minimum grade of \geq B- in each required Health and Physical Education course and a minimum cumulative GPA \geq 2.8 in all university coursework.

Professional Education Requirements - Elementary Education: 73-74 Credits

Minimum total credits for above major and elementary professional education: 145 credits

Professional Education Requirements - Secondary Education: 46-47 Credits

Minimum total credits for above major and secondary professional education: 118 credits

See Department of Education for more information concerning the times, dates, prerequisites and requirements for education classes.

Note: The above major takes more than 12 quarters at 15–16 credits a quarter.

Be sure to complete all University Requirements & BACRS/GEGRs
(i.e., Culture & Gender Diversity or/and International Studies)

Must earn a \geq B- minimum grade in each HPE course

Education (Certification) Prerequisite Courses

- * English (ENGL) 201 (5 credits)
- * EDUC 201 (3 credits)
- * MATH 107 or 141 (5 cr) (sec) or MATH 208 (elem/sec) (*C or above*)
- * PSYC 204 (5 credits)
- * SPED 363 (4 credits)
- * Communications (CMST) 201 (5 credits)
- * Take West-B exam (or use SAT/ACT)
- * Pass the H&F West-E exam
- * B- Minimum GPA required in each class & overall GPA

Note: HPE students on the “elementary” track will also need the following education pre-reqs: ART390, MUSC450, MATH209 & 210
Only declare “elementary ed” if you also want to teach K-8 classroom