

Bachelor of Arts (BA) – Psychology (70 credits) Bellevue Campus

The BA in Psychology is one of the most versatile degrees offered and emphasizes a foundational preparation in contemporary psychology that allows you to pursue graduate school and careers in psychology-related professions and/or research. Coursework includes breadth content as recommended by the American Psychological Association along with opportunities for focused experience and application.

1. You are responsible for making sure you have completed all EWU general undergraduate requirements as outlined in the EWU catalog and are strongly encouraged to complete them as early as possible.
2. **Completion of PSYC 100** (or its equivalent) with a grade of C/2.0 or higher is strongly recommended before declaring the major, as it provides foundational knowledge for upper-division coursework. You can **declare your major at:** inside.ewu.edu/records-and-registration/major-declaration/
3. **Transfer students** may receive credit for appropriate transfer courses in the major and for electives. Transfer credits will be limited to 20 lower-division courses from the originating institution and no more than 30 transfer credits total applied toward the major.
4. **PSYC 100, PSYC 309, PSYC 310, PSYC 413, PSYC 490, and focus experience courses** must be passed with a C/2.0 or higher.
5. In addition to the BA requirements, **to graduate you will need to complete University Requirements including:**
 - a. **A minimum of 180 credits total including 60 upper division credits**
 - b. **Foreign language:** Two years of high school or one year (3 quarters) of college foreign language
 - c. A Diversity course (PSYC/GWSS 331, PSYC/GWSS 321 or other university option)
 - d. A Global Studies course (PSYC 374 or other university option)
 - e. A Senior Capstone or Senior Thesis (PSYC 490 or PSYC 491 by faculty invitation)
 - a. Apply for graduation and pay necessary fees two quarters in advance and by designated deadlines of intended graduating quarter
6. **Consult with your Psychology Advisor and the instructor** teaching the course for information about enrolling in Internship and Directed Study courses. Instructor's permission is required for registration for Directed Study and Internship courses.
7. **Psi Chi** is an International Honor Society in Psychology and EWU has a chapter. Their email is psichi@ewu.edu.
8. **Graduate School Preparation** – Graduate programs are competitive. If you are hoping to start the fall following graduation, it is in your best interest to get started right away. Deadlines for application are typically in the fall and winter of your senior year. Here are some things that you should be considering:
 - a. Research programs in the locations and areas in which you are interested, including requirements (e.g., GRE test) – most people apply to multiple programs
 - b. Take courses required for the types of programs you are considering
 - c. Get involved in volunteer work/internships and research; be thinking about letters of recommendation

Total Credits for First Two Years at Community College (DTA Preferred to make sure requirements are met) = 90
Must include 2 years of high school foreign language or 3 quarters of college (electives below)

YEAR THREE – roughly 45 credits to get to 90 across last two years

FALL QUARTER	CR	WINTER QUARTER	CR	SPRING QUARTER	CR
PSYC 309	5	PSYC 310	5	PSYC 413	5
PSYC 302 (A)	5	PSYC 317 (B)	5	PSYC 303 or 316 (or other A)	5
PSYC 323 or 450 (B) or 420 (A)	5	PSYC 301 (A) or 440 (B)	5	PSYC 325 (B) or other Cluster B	5
Total Credits	15	Total Credits	15	Total Credits	15

YEAR FOUR – roughly 45 credits to get to 90 across last two years

FALL QUARTER	CR	WINTER QUARTER	CR	SPRING QUARTER	CR
PSYC 427 (B) or other elective	5	Cluster B	5	Elective (Diversity if not met)	5
PSYC 490	5	PSYC Elective	5	PSYC Elective	5
PSYC 495/498/499	1	PSYC 495/498/499	1	PSYC 495/498/499	1
Elective	4	Elective (Global if not met)	4	Elective	4
Total Credits	15	Total Credits	15	Total Credits	15

Bachelor of Arts (BA) - Psychology (70 credits required)

All Bellevue students must register in the following sections:

In person sections including 050, 051, etc., and online sections including 075, 076, etc.

All Majors are required to take the following courses. Taking PSYC 309 prior to PSYC 310 is highly recommended. Must receive a C/2.0 or higher in all required courses.

COURSE #	COURSE TITLE	CR	COURSE PREREQUISITES
PSYC 100	General Psychology	5	
PSYC 309	Scientific Principles of Psychology	5	English proficiency required
PSYC 310	Psychological Statistics	5	Math proficiency required.
PSYC 413	Research Methods in Psychology	5	PSYC 309 and PSYC 310 with a C or higher, English proficiency
PSYC 490	Sr Capstone: The Tradition of Psych	5	PSYC 309 and PSYC 310 with a C or higher

Focus Experience Courses. Three (3) credits in any combination. Must receive a C or higher.

PSYC 495	Internship	3	Permission of instructor (email psychology@ewu.edu to be connected with the internship instructor)
PSYC 498	Seminar		
PSYC 499	Directed Study		Permission of instructor

Cluster A - Core Courses. Students are required to take at least four (4) of the following - 18-20 credits

PSYC 301	Theories of Personality	5	
PSYC 302	Abnormal Psychology	5	
PSYC 303	Foundations of Psychotherapy	5	PSYC 301 and PSYC 302
PSYC 201 or PSYC 305 or PSYC 306	Lifespan Development Child and Adolescent Dev. or Adult Development	5 4 4	English proficiency; Math proficiency recommended English proficiency; Math proficiency recommended
PSYC 312	Computer Statistical Analysis	4	PSYC 310 or equivalent
PSYC 316	Human Memory and Cognition	5	Junior standing or instructor permission
PSYC 324	Conditioning and Learning	4	PSYC 201, PSYC 305 or PSYC 306
PSYC 340	Emotions and Emotional Intelligence	5	PSYC 100 or Equivalent
PSYC 374	Cultural Psychology	5	PSYC 100 (previously PSYC 474)
PSYC 381	Social Psychology	5	PSYC 309 recommended
PSYC 420	Biological Basis of Behavior	5	PSYC 309

Cluster B – Applied/Lab Courses. Students are required to take at least three (3) of the following - 11-15 credits

PSYC 314	Tests and Measurements	5	PSYC 310 or CSBS 320 or other equivalent
PSYC 317	Health Psychology	5	Junior standing, PSYC 309 recommended
PSYC 321	Care/Custody of Female Offenders	5	Junior standing, cross-listed with GWSS 321
PSYC 323	Drugs and Behavior	5	PSYC 100 recommended
PSYC 325	Cognitive and Behavioral Change	4	Junior standing
PSYC 331	Psychology of Women	4	English proficiency
PSYC 359	Human Sexuality	5	
PSYC 408	Collaborative Care & BHSS Internship Prep	5	PSYC 302 and PSYC 317 each with a grade \geq B
PSYC 425	Psychology and the Legal System	5	PSYC 100 or instructor permission
PSYC 427	Intimate Relationships	5	PSYC 100 and junior standing or instructor permission
PSYC 433	Intro to Compassion Focused Tx	3	PSYC 100, PSYC 302 preferred
PSYC 440	Happiness and Positive Psychology	5	Junior standing
PSYC 450	Trauma: Theory, Assessment, & Tx	4	PSYC 302 recommended
PSYC 452	Social Influence	4	Junior standing or instructor permission
PSYC 461	Industrial Organizational Psych.	5	Junior standing or instructor permission
PSYC 470	Childhood Psychopathology and Tx	5	Junior standing
PSYC 481	Prejudice and Stereotyping	5	PSYC 381 or instructor permission
PSYC 496	Experimental Course	1-5	

Elective Credits (6-16 credits). The remainder of courses required to complete the 70-credit major may be chosen from any of the above courses that are not used to meet the group requirement. Only one developmental course (PSYC 201 or 305 or PSYC 306) may be used with the BA degree.