

Fall 2019

CWTAP Quarterly

*Child Welfare Training and Advancement Program
Eastern Washington University*

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Director's Corner

Dear CWTAP Community,

The start of a fresh, new academic year is always an exciting time for us. As we embark on a new year, we welcome Amanda Reedy, PhD, MSW as our School of Social Work Chair/Director (please see below for more information). Additionally, we've had two other leadership changes this year. Tim Hilton, PhD, MSW is now our MSW Program Director, and Diane Somerday, MSW is our new Director of Field, both have been with the School of Social Work for some time. Amanda, Tim and Diane have been very supportive of CWTAP and we are delighted to welcome them in their new roles.

This fall we have over 70 CWTAP students in our MSW programs from Everett, Vancouver, Spokane and Cheney (with a few more late admissions trickling in). We have a busy academic year ahead of us as Eastern's CWTAP will be hosting the 23rd Annual CWTAP Student Institute in Spokane February 28-March 1. The conference will be held at the Centennial Hotel by Davenport. If you are in the area (or willing to travel to Spokane), we are looking for administrators, supervisors, and seasoned child welfare staff/CWTAP graduates to assist with our speed interviewing session on February 29th. We anticipate around 100 non-employee students will attend the event this year--we need a lot of interviewers! Speed interviewing is slated to follow our lunch program on Saturday and usually runs for about 90 minutes. If you are interested in being a speed interviewer, or want to know more about it, please contact me.

Please see inside for our student and alumni highlights, and more about our CWTAP elective.

Sincerely,
Diana

Amanda Reedy, PhD, MSW
Director/Chair, Associate Professor

Please join CWTAP in welcoming Dr. Amanda Reedy as our new School of Social Work Director/Chair. Amanda has been a professor with Eastern since 2010. Amanda's research and practice interests include working with veterans and their families, and co-occurring disorders. Amanda will represent Eastern on the Alliance's Executive Team. Please join us in welcoming Amanda to this very pivotal role at the School of Social Work.



Alumni Spotlight

*MaShelle Hess, MSW
By Sherita Parratt*



MaShelle Hess is a CWTAP alumni stationed in the Spokane Valley office. MaShelle graduated in 2014 from Eastern Washington University with a Master's in Social Work. MaShelle previously earned her Bachelor's in Psychology from Pacific Lutheran University in 1993.

MaShelle began her work in social services at a group home in the Seattle area. She provided essential living skills and therapy to the individuals in the home. She later moved to Juneau, AK and began her work in the juvenile justice system. She developed a treatment curriculum for individuals in long-term detention. She then moved on to the Department of Corrections (DOC) and co-developed a pre-treatment curriculum for felony DUI offenders. She led a state-wide multi-disciplinary strategic planning committee on the prevention of under-age drinking for the state of Alaska. She has a wealth of experience in program management, state-wide program development and legislative advocacy for adults and at-risk youth.

MaShelle recently promoted and is now the statewide program manager for the Children and Family Welfare Services (CFWS) and Guardianship programs for the Department of Children, Youth and Families (DCYF). MaShelle has been with the DCYF for just over 8 years and is passionate about permanency and efforts to dismantle what she refers to as the "silos" of child welfare in effort to streamline the work for employees.

Soon after graduating with her MSW, MaShelle began the licensure process to become a Licensed Independent Clinical Social Worker (LICSW). She completed the 240 hours of supervision along with the necessary 3,000 direct client contact hours. She is now looking forward to applying for the test. She shared that one of her goals is to advocate for the development of a supervision program at DCYF which would allow employees to become licensed. MaShelle is hopeful this would improve outcomes and increase respect for the child welfare professionals here in WA.

The advice MaShelle would give current students is to learn as much as you can about the "why" of what a child welfare professional and the agency does. Also, she mentioned to continuously integrate theory with practice. She said in her experience going through the licensure process helped her in strengthening this skill. Lastly, she mentioned self-care is essential. She commented on how her husband is a great support for her and they enjoy different activities together including bracelet making, painting, and meditation. She is also a proud mother of an adult son.

Important Dates

September 25
Instruction Begins

November 11
Veteran's Day (closed)

November 28
Thanksgiving Day (closed)



November 29
Native American Heritage Day (closed)

December 13
Last day of Quarter

December 14 – January 5
Break

Student Spotlight

Juliana Zajicek - Cheney Program by Gerry Charvat

Juliana Zajicek (pronounced zy check) is a CWTAP student in the Cheney fulltime MSW program. Juliana hopes to get hired in either the Spokane or Wenatchee DCYF office. She is drawn to Spokane because her family lives in Coeur d' Alene, Idaho and also to Wenatchee because of the beautiful Cascade Mountain Range. She has a strong interest in getting hired in a Child and Family Welfare Services (CFWS) position because she enjoys maintaining strong working relationships with families and systems.

Juliana obtained a BA in both Communication Studies and Spanish Language and Literature from Whitworth University in 2016. After graduation Juliana taught English at a public university in Colombia as a Fulbright Scholar. After a year teaching, she realized that though she loved education she did not see herself teaching in a formal classroom. She returned to the Pacific Northwest and began working at PEAK 7, a non-profit outdoor adventure company serving at-risk youth. While at Peak 7 she led a 50-day leadership course for young women in high school. It was during this time she developed a strong passion for serving children who experienced trauma. She also developed strong relationship building skills and a good sense of ethical values, but she desired more tools to serve families. She began exploring counseling and therapy education programs but ultimately decided on an MSW. This field felt more in line with her desire to affect change in people's lives and it was a more versatile degree. She chose EWU to pursue her degree as it offered an advanced generalist program in her own community. Juliana was first introduced to CWTAP by a



colleague from Whitworth who recently completed the program and got hired as a CFWS worker. Several of the teens she served in Peak 7 were involved in the foster care system and had a strong impact on her. This is what ultimately drew her to the CWTAP program. Juliana has just begun her final year of the MSW program. She admits the work at DCYF can be very challenging but very rewarding. She noted the work is very unique and ever-changing, even on a daily basis. When the work becomes difficult she reminds herself of the mission and vision of DCYF, to protect children and strengthen families so they flourish.

Juliana is very active in the outdoors. She loves to climb, backpack, and whitewater raft. During her summer break she had the wonderful opportunity to work as a Field Instructor for a wilderness therapy program in Bend, Oregon. This experience strengthened her passion to serve children and families dealing with past and current trauma.

CWTAP Elective

CWTAP Elective: Focus on Child Welfare by Kara Rozeboom

The CWTAP elective is part of the CWTAP course of study at Eastern Washington University. The CWTAP elective focuses on public child welfare topics including but not limited to: the history of child welfare, the different programs at DCYF, dynamics of child abuse and neglect, infant safety policy, Child Safety Framework, attachment, child development, a trauma informed child welfare system, preventive services, a domestic violence simulation class, Indian child welfare, court preparation and testimony, quality assurance such as the CFSR case review, cultural humility, self care for child welfare workers, placement of foster children, and permanency and adoptions. During the summer quarter, Faculty Field Instructor (FFI) Sherita Parratt taught this elective in Spokane and this quarter FFI Gerry Charvat and FFI Kara Rozeboom are teaching this elective in Spokane and Everett. So far student feedback has been positive, and students appreciate that this class covered helpful and practical information directly related to their DCYF practicum experience and/or jobs at DCYF. Students reported that even where child welfare topic areas were a refresher for them, it was helpful to hear the information again.

Contact Information

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 <p>EASTERN WASHINGTON UNIVERSITY start something big</p>	<p>Please submit suggestions to: dpatterson@ewu.edu</p> <p>Contributors to this issue: Nancy Fagan, Sherita Parratt, Kara Rozeboom, Gerry Charvat and Diana Patterson LeBlanc.</p>	

Helpful Links

Helpful Links

Alliance for Child Welfare Excellence: www.allianceforchildwelfare.org

National Association of Social Workers – Washington Chapter: <https://www.socialworkers.org>

Child Welfare League of America: www.cwla.org

Children's Defense Fund: www.childrensdefense.org

Child Welfare Information Gateway: www.childwelfare.gov

Casey Family Programs: www.casey.org

U.S. Department of Health and Human Services Administration for Children and Families:
www.acf.hhs.gov