



May 8, 2020

Hey Eagles!

Maintaining connection with friends and the university community has always been an important part of the EWU experience. To help get through the Governor's "Stay Home, Stay Healthy" order, EWU offices, departments and student organizations have expanded their use of mobile apps to help you stay connected. Check out the following options.

EWU Engagement - From Instagram contests to fitness classes, we have you covered!

[Virtual Events](#): Check out our regularly updated list of events and opportunities.

[EWU Clubs & Orgs](#): Find community in one of our 130 student-led organizations.

[Campus Recreation](#): We have lots of options to help keep you active and healthy.

Mobile Apps - Stay connected with friends using these awesome apps!

[Netflix Party](#): Binge your favorite shows with this built-in chat feature.

[Houseparty](#): Group video chat app will help you reinvent game night!

[Psych!](#): A party game where you try to trick your friends into choosing your answers.

Need ideas on how to combat "Zoom Fatigue"? Check out [USA Today](#), [Good Housekeeping](#) or [Wired](#) for fun options.

Stay Connected with SAIL - We're here to help!

Follow SAIL's [Instagram](#) and [Facebook](#) pages and Eagle Entertainment's [Instagram](#) and [Facebook](#) pages for updates on activities and events.

Questions? Reach out to SAIL via email at sail@ewu.edu and let us know how we can help.

We look forward to connecting with you throughout the rest of the spring term and beyond.

Dillon Deffinbaugh
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